

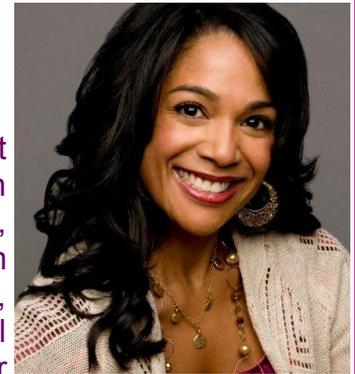
W3

women,
wisdom
& wine

**From Fear to
Freedom:
Challenge the
Lies,
Champion the
Truth!**

As women, we are often bombarded with lies....Lies we tell ourselves through limiting beliefs, lies others have told us, and lies that are spewed from media and pop culture about what we should look like and how we should behave. We often play this tape of lies silently in our heads which only perpetuate the feelings of isolation, guilt, shame, and defeat.....The problem? This erodes our effectiveness as the women we were created to be and leaders we are called to be. It's time to challenge the lies we're listening to. It's time to right align our thinking and mindset with the truth that will set us free from debilitating inaction – OR action. Kim invites us into a deeper level of authenticity and courage to look honestly at our own stories. "Be fearless. Challenge the lies, champion the truth. Your FREEDOM is calling... and the truth will set you free!"

This Month's Speaker: Kim Peterson



Traumatic adversity and fear are not foreign to Kim Peterson. She was given up at birth, then left behind again at 6, when her adoptive parents divorced. Kim believed the lies that she was unlovable, unworthy, and not good enough ...until **HOPE beckoned**. Her journey "from fear to freedom" was ignited and she experienced a powerful inside-out transformation!

Kim graduated from CWU in 1992. A member of AICI, she founded Uniquely Savvy, an image consultancy named after Psalm 139's "**You ARE fearfully and wonderfully made**". Living out her calling, Kim has championed thousands of individuals in being more confident and comfortable in their own skin via coaching, and training through personal color and body analysis, style and brand development, closet audits and personal shopping.

Kim co-authored the book, "Incredible Life: Top Experts Reveal How to Create Yours" and educates on topics ranging from image and style to success, hope and freedom.

Wednesday July 30th

Doors open at 6:30—Program 7:30-8:30

Matthews Winery Barrel Room

16116 140th Pl. NE

Woodinville, WA 98072

Wine will be provided by Matthews Winery, and will be available for purchase by the glass

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